# REFER TO US WHEN...

ONE BITE AT A TIME
Nutrition Counseling

## BEHAVIORAL HEALTH PROVIDERS

- [ ] Emotional eating, binge eating, or disordered eating patterns
- [ ] Anxiety or depression impact appetite, weight, or lifestyle
- [ ] History of dieting contributing to stress or poor relationship with food
- [ ] Clients needing nutrition support & mental health treatment aligned

***We make nutrition referrals easy and effective for your patients!***

# HOW TO REFER: CHEAT SHEET

## When referring to us...

- [ ] Fax Referrals To: 330-595-4644
- [ ] Use Our Simple Referral Form
- [ ] We'll Contact The Patient & Update You!
- [ ] Call Us with Questions: 330-720-9676

SCAN FOR MORE REFERRAL FORMS

## FAQ's

- [x] ***Do you accept insurance?***
  Yes: We accept all insurance plans.

***How soon will the patient be contacted?***
We typically reach out within 1-2 days.

330-720-9676 330-595-4644 becky@onebiteatatime.org
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